

Bambinilauf (800m) - 11:30

| Kinder W7 | | | | | | | |
|-----------|-------|------------------------|------|------|-------------------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 44 | Fornefeld, Sofie Hanna | 2009 | | VfL Mark | 1 | |
| 1. | 43 | Link, Antonia | 2009 | | VfL Mark | 1 | |
| 1. | 42 | Werner, Jara-Marie | 2009 | | VfL Mark | 1 | |
| 1. | 39 | Greitemeier, Maya | 2009 | | VfL Mark | 1 | |
| 1. | 38 | Lichte, Hannah | 2009 | | VfL Mark | 1 | |
| 1. | 37 | Wnuk, Emilia | 2009 | | VfL Mark | 1 | |
| 1. | 35 | Maywald, Emma | 2009 | | VfL Mark | 1 | |
| 1. | 34 | Rosendahl, Lena | 2009 | | VfL Mark | 1 | |
| 1. | 33 | Rosendahl, Luca | 2009 | | VfL Mark | 1 | |
| 1. | 32 | Herold, Lara | 2009 | | VfL Mark | 1 | |
| 1. | 25 | Schneider, Finnja | 2010 | | SuS Oberaden | 1 | |
| 1. | 16 | Vauth, Sina | 2009 | | SC Eintracht Hamm | 1 | |
| 1. | 15 | Mayer, Amelie | 2009 | | SC Eintracht Hamm | 1 | |
| 1. | 8 | Becker, Frida | 2009 | | Kita Marderweg | 1 | |

| Kinder M7 | | | | | | | |
|-----------|-------|-----------------|------|------|-------------------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 48 | Milz, Alexander | 2009 | | SuS Oberaden | 1 | |
| 1. | 47 | Wolanin, Filip | 2009 | | SuS Oberaden | 1 | |
| 1. | 27 | Hagedorn, Fynn | 2009 | | TV Werne 03 | 1 | |
| 1. | 24 | Töws, Elias | 2009 | | SC Eintracht Hamm | 1 | |
| 1. | 21 | Christ, Jarno | 2009 | | SC Eintracht Hamm | 1 | |
| 1. | 20 | Wagner, Philip | 2009 | | SC Eintracht Hamm | 1 | |
| 1. | 11 | Hecker, Louis | 2009 | | Kita Marderweg | 1 | |

| Kinder W6 | | | | | | | |
|-----------|-------|-------------------|------|------|--------------------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 41 | Kornetzki, Klara | 2010 | | VfL Mark | 1 | |
| 1. | 40 | König, Mara | 2010 | | VfL Mark | 1 | |
| 1. | 30 | Frommann, Liv | 2010 | | VfL Mark | 1 | |
| 1. | 29 | Wendel, Josefine | 2010 | | TVE Lünern/Stockum | 1 | |
| 1. | 17 | Geisler, Jule | 2010 | | SC Eintracht Hamm | 1 | |
| 1. | 14 | Rittscher, Marla | 2010 | | Rot Weiß Unna | 1 | |
| 1. | 5 | Gosebrink, Lilien | 2010 | | Kita Marderweg | 1 | |

| Kinder M6 | | | | | | | |
|-----------|-------|----------------|------|------|--------------------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 28 | Wendel, Paul | 2010 | | TVE Lünern/Stockum | 1 | |
| 1. | 26 | Steckel, Erik | 2010 | | TG Holzwickede | 1 | |
| 1. | 18 | Kamto, Cédric | 2010 | | SC Eintracht Hamm | 1 | |
| 1. | 13 | Hofmann, Elias | 2010 | | Oelde | 1 | |

Bambinilauf (800m) - 11:30

| Kinder W5 | | | | | | | |
|-----------|-------|-------------------|------|------|-------------------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 45 | Markwardt, Evelin | 2011 | | VfL Mark | 1 | |
| 1. | 46 | Prior, Isabella | 2011 | | VfL Mark | 1 | |
| 1. | 36 | Maywald, Lotte | 2011 | | VfL Mark | 1 | |
| 1. | 31 | Gitter, Marlene | 2011 | | VfL Mark | 1 | |
| 1. | 23 | Lagoda, Lilli | 2011 | | SC Eintracht Hamm | 1 | |
| 1. | 19 | Lange, Hannah | 2011 | | SC Eintracht Hamm | 1 | |
| 1. | 10 | Hecker, Lynn | 2011 | | Kita Marderweg | 1 | |
| 1. | 7 | Becker, Elsa | 2011 | | Kita Marderweg | 1 | |
| 1. | 3 | Warkentin, Sofija | 2011 | | Kita Marderweg | 1 | |
| 1. | 2 | Warkentin, Nadja | 2011 | | Kita Marderweg | 1 | |

| Kinder M5 | | | | | | | |
|-----------|-------|--------------|------|------|----------------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 9 | Spier, Elias | 2011 | | Kita Marderweg | 1 | |

| Kinder W4 | | | | | | | |
|-----------|-------|---------------|------|------|-------------------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 22 | Mayer, Greta | 2012 | | SC Eintracht Hamm | 1 | |
| 1. | 4 | Bremann, Luca | 2012 | | Kita Marderweg | 1 | |

| Kinder M4 | | | | | | | |
|-----------|-------|------------------|------|------|----------------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 6 | Gosebrink, Henri | 2012 | | Kita Marderweg | 1 | |

Kinderlauf MU10 1330m (1330m) - 12:00

| Kinder M9 | | | | | | | |
|-----------|-------|--------------------------|------|------|--------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 269 | Schürkmann, Christopher | 2007 | | TV Werne 03 | 5:27 | |
| 2. | 272 | Medger, Louis | 2007 | | TV Werne 03 | 5:54 | + 27 |
| 3. | 285 | Rosendahl, Max | 2007 | | VfL Mark | 6:01 | + 34 |
| 4. | 280 | Huske, Ben | 2007 | | TVE Lünern/Stockum | 6:03 | + 36 |
| 5. | 250 | Weißer, Max | 2007 | | SuS Oberaden | 6:26 | + 59 |
| 6. | 262 | Weimann, Jason | 2007 | | TuS Bönen 01 | 6:31 | + 1:04 |
| 7. | 206 | Göbel, Johannes | 2007 | | SC Eintracht Hamm | 6:39 | + 1:12 |
| 8. | 263 | Lehmann, Martin | 2007 | | TuS Bönen 01 | 6:47 | + 1:20 |
| 9. | 279 | Wendel, Tom | 2007 | | TVE Lünern/Stockum | 6:50 | + 1:23 |
| 10. | 270 | Kaseja, Ben | 2007 | | TV Werne 03 | 6:55 | + 1:28 |
| 11. | 283 | Fischer, Fabian | 2007 | | VfL Mark | 6:56 | + 1:29 |
| 12. | 300 | Vomhof, Jona | 2007 | | TV Werne 03 | 6:57 | + 1:30 |
| 13. | 204 | Sand, Mattis | 2007 | | SC Eintracht Hamm | 7:02 | + 1:35 |
| 14. | 282 | von Bychowski, Morice Ju | 2007 | | Unter 7:30 Min. | 9:30 | + 4:03 |

| Kinder M8 | | | | | | | |
|-----------|-------|---------------------|------|------|-------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 160 | Holthoff, Frederick | 2008 | | LG Hamm | 6:22 | |
| 2. | 271 | Fleige, Ben | 2008 | | TV Werne 03 | 6:46 | + 24 |
| 3. | 156 | Johannes, Lasse | 2008 | | LG Hamm | 6:51 | + 29 |
| 4. | 157 | Osiewacz, Gabriel | 2008 | | LG Hamm | 6:55 | + 33 |
| 5. | 158 | Fiegener, Isyan | 2008 | | LG Hamm | 8:57 | + 2:35 |

Kinderlauf MU10 1330m - Kreismeisterschaft Cross 2016 (1330m) - 12:00

| Kinder M9 Kreismeisterschaft Cross 2016 | | | | | | | |
|---|-------|-------------------------|------|------|--------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 269 | Schürkmann, Christopher | 2007 | | TV Werne 03 | 5:27 | |
| 2. | 272 | Medger, Louis | 2007 | | TV Werne 03 | 5:54 | + 27 |
| 3. | 280 | Huske, Ben | 2007 | | TVE Lünern/Stockum | 6:03 | + 36 |
| 4. | 250 | Weißer, Max | 2007 | | SuS Oberaden | 6:26 | + 59 |
| 5. | 262 | Weimann, Jason | 2007 | | TuS Bönen 01 | 6:31 | + 1:04 |
| 6. | 206 | Göbel, Johannes | 2007 | | SC Eintracht Hamm | 6:39 | + 1:12 |
| 7. | 263 | Lehmann, Martin | 2007 | | TuS Bönen 01 | 6:47 | + 1:20 |
| 8. | 279 | Wendel, Tom | 2007 | | TVE Lünern/Stockum | 6:50 | + 1:23 |
| 9. | 270 | Kaseja, Ben | 2007 | | TV Werne 03 | 6:55 | + 1:28 |
| 10. | 300 | Vomhof, Jona | 2007 | | TV Werne 03 | 6:57 | + 1:30 |
| 11. | 204 | Sand, Mattis | 2007 | | SC Eintracht Hamm | 7:02 | + 1:35 |

Kinderlauf MU10 1330m (1330m) - 12:00

| Kinder M8 Kreismeisterschaft Cross 2016 | | | | | | | |
|---|-------|---------------------|------|------|-------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 160 | Holthoff, Frederick | 2008 | | LG Hamm | 6:22 | |
| 2. | 271 | Fleige, Ben | 2008 | | TV Werne 03 | 6:46 | + 24 |
| 3. | 156 | Johannes, Lasse | 2008 | | LG Hamm | 6:51 | + 29 |
| 4. | 157 | Osiewacz, Gabriel | 2008 | | LG Hamm | 6:55 | + 33 |
| 5. | 158 | Fiegener, Isyan | 2008 | | LG Hamm | 8:57 | + 2:35 |

Kinderlauf WU10 1330m (1330m) - 12:20

| Kinder W9 | | | | | | | |
|-----------|-------|--------------------|------|------|--------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 194 | Hofmann, Alina | 2007 | | LG Oelde Wadersloh | 6:11 | |
| 2. | 257 | Steckel, Chiara | 2007 | | TG Holzwickede | 6:15 | + 4 |
| 3. | 274 | Hagedorn, Emily | 2007 | | TV Werne 03 | 6:28 | + 17 |
| 4. | 273 | Billermann, Hannah | 2007 | | TV Werne 03 | 6:39 | + 28 |
| 5. | 277 | Schörner, Marlene | 2007 | | TV Werne 03 | 6:46 | + 35 |
| 6. | 162 | Kassner, Naira | 2007 | | LG Hamm | 6:54 | + 43 |
| 7. | 214 | Achtstetter, Maja | 2007 | | SC Eintracht Hamm | 7:22 | + 1:11 |
| 8. | 212 | Willingmann, Neele | 2007 | | SC Eintracht Hamm | 7:33 | + 1:22 |
| 9. | 208 | Altunyay, Asya | 2007 | | SC Eintracht Hamm | 8:46 | + 2:35 |
| 10. | 209 | Yavuz, Zara | 2007 | | SC Eintracht Hamm | 8:56 | + 2:45 |
| 11. | 207 | Lange, Lena | 2007 | | SC Eintracht Hamm | 10:05 | + 3:54 |

| Kinder W8 | | | | | | | |
|-----------|-------|--------------------|------|------|-------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 275 | Riße, Tina | 2008 | | TV Werne 03 | 6:11 | |
| 2. | 210 | Benning, Lina | 2008 | | SC Eintracht Hamm | 6:42 | + 31 |
| 3. | 276 | Czeranka, Johanna | 2008 | | TV Werne 03 | 6:52 | + 41 |
| 4. | 286 | Rzanny, Katharina | 2008 | | VfL Mark | 7:02 | + 51 |
| 5. | 161 | Holthoff, Helena | 2008 | | LG Hamm | 7:48 | + 1:37 |
| 6. | 288 | Mitrach, Anna-Lena | 2008 | | VfL Mark | 8:02 | + 1:51 |
| 7. | 245 | Lagoda, Luna | 2008 | | SC Eintracht Hamm | 8:03 | + 1:52 |
| 8. | 211 | Berges, Jana | 2008 | | SC Eintracht Hamm | 8:54 | + 2:43 |
| 9. | 287 | Cekoll, Emma | 2008 | | VfL Mark | 11:40 | + 5:29 |

Kinderlauf WU10 1330m - Kreismeisterschaft Cross 2016 (1330m) - 12:20

| Kinder W9 Kreismeisterschaft Cross 2016 | | | | | | | |
|---|-------|--------------------|------|------|-------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 257 | Steckel, Chiara | 2007 | | TG Holzwickede | 6:15 | |
| 2. | 274 | Hagedorn, Emily | 2007 | | TV Werne 03 | 6:28 | + 13 |
| 3. | 273 | Billermann, Hannah | 2007 | | TV Werne 03 | 6:39 | + 24 |
| 4. | 277 | Schörner, Marlene | 2007 | | TV Werne 03 | 6:46 | + 31 |
| 5. | 162 | Kassner, Naira | 2007 | | LG Hamm | 6:54 | + 39 |
| 6. | 214 | Achtstetter, Maja | 2007 | | SC Eintracht Hamm | 7:22 | + 1:07 |
| 7. | 212 | Willingmann, Neele | 2007 | | SC Eintracht Hamm | 7:33 | + 1:18 |
| 8. | 208 | Altunyay, Asya | 2007 | | SC Eintracht Hamm | 8:46 | + 2:31 |
| 9. | 209 | Yavuz, Zara | 2007 | | SC Eintracht Hamm | 8:56 | + 2:41 |
| 10. | 207 | Lange, Lena | 2007 | | SC Eintracht Hamm | 10:05 | + 3:50 |

Kinderlauf WU10 1330m (1330m) - 12:20

| Kinder W8 Kreismeisterschaft Cross 2016 | | | | | | | |
|---|-------|-------------------|------|------|-------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 275 | Riße, Tina | 2008 | | TV Werne 03 | 6:11 | |
| 2. | 210 | Benning, Lina | 2008 | | SC Eintracht Hamm | 6:42 | + 31 |
| 3. | 276 | Czeranka, Johanna | 2008 | | TV Werne 03 | 6:52 | + 41 |
| 4. | 161 | Holthoff, Helena | 2008 | | LG Hamm | 7:48 | + 1:37 |
| 5. | 245 | Lagoda, Luna | 2008 | | SC Eintracht Hamm | 8:03 | + 1:52 |
| 6. | 211 | Berges, Jana | 2008 | | SC Eintracht Hamm | 8:54 | + 2:43 |

Schülerlauf MU12 1330m (1330m) - 12:40

| Kinder M11 | | | | | | | |
|------------|-------|------------------|------|------|-------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 199 | Rittscher, Ben | 2005 | | Rot Weiß Unna | 5:04 | |
| 2. | 215 | Lempa, Niklas | 2005 | | SC Eintracht Hamm | 5:17 | + 13 |
| 3. | 164 | Kassner, Patrick | 2005 | | LG Hamm | 5:32 | + 28 |
| 4. | 251 | Seiler, Mats | 2005 | | SuS Oberaden | 5:37 | + 33 |
| 5. | 220 | Vogel, Adrian | 2005 | | SC Eintracht Hamm | 6:07 | + 1:03 |

| Kinder M10 | | | | | | | |
|------------|-------|------------------|------|------|-------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 200 | Kämper, Sandro | 2006 | | Rot Weiß Unna | 5:33 | |
| 2. | 219 | Budimir, Stefan | 2006 | | SC Eintracht Hamm | 5:56 | + 23 |
| 3. | 218 | Gottbehüt, Lukas | 2006 | | SC Eintracht Hamm | 5:57 | + 24 |
| 4. | 217 | Lobe, Jean-Yves | 2006 | | SC Eintracht Hamm | 6:39 | + 1:06 |
| 5. | 293 | Rapior, Max | 2006 | | VfL Mark | 7:13 | + 1:40 |
| 6. | 216 | Schaefer, Erik | 2006 | | SC Eintracht Hamm | 9:25 | + 3:52 |

Schülerlauf MU12 1330m - Kreismeisterschaft Cross 2016 (1330m) - 12:40

| Kinder M11 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|------------------|------|------|-------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 199 | Rittscher, Ben | 2005 | | Rot Weiß Unna | 5:04 | |
| 2. | 215 | Lempa, Niklas | 2005 | | SC Eintracht Hamm | 5:17 | + 13 |
| 3. | 164 | Kassner, Patrick | 2005 | | LG Hamm | 5:32 | + 28 |
| 4. | 251 | Seiler, Mats | 2005 | | SuS Oberaden | 5:37 | + 33 |
| 5. | 220 | Vogel, Adrian | 2005 | | SC Eintracht Hamm | 6:07 | + 1:03 |

| Kinder M10 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|------------------|------|------|-------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 200 | Kämper, Sandro | 2006 | | Rot Weiß Unna | 5:33 | |
| 2. | 219 | Budimir, Stefan | 2006 | | SC Eintracht Hamm | 5:56 | + 23 |
| 3. | 218 | Gottbehüt, Lukas | 2006 | | SC Eintracht Hamm | 5:57 | + 24 |
| 4. | 217 | Lobe, Jean-Yves | 2006 | | SC Eintracht Hamm | 6:39 | + 1:06 |
| 5. | 216 | Schaefer, Erik | 2006 | | SC Eintracht Hamm | 9:25 | + 3:52 |

Schülerlauf WU12 1330m (1330m) - 13:00

| Kinder W11 | | | | | | | |
|------------|-------|---------------------|------|------|-------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 252 | Wolanin, Jagoda | 2005 | | SuS Oberaden | 5:51 | |
| 2. | 253 | Milz, Friederike | 2005 | | SuS Oberaden | 6:09 | + 18 |
| 3. | 258 | Steckel, Carina | 2005 | | TG Holzwickedde | 6:18 | + 27 |
| 4. | 254 | Kleinhans, Laetitia | 2005 | | SuS Oberaden | 6:19 | + 28 |
| 5. | 201 | Neuhaus, Jana | 2005 | | Rot Weiß Unna | 6:43 | + 52 |
| 6. | 221 | Mackowiak, Hannah | 2005 | | SC Eintracht Hamm | 6:47 | + 56 |
| 7. | 246 | Abrosimov, Alina | 2005 | | SC Eintracht Hamm | 7:01 | + 1:10 |

| Kinder W10 | | | | | | | |
|------------|-------|-----------------------|------|------|---------------------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 165 | Grychtol, Karla | 2006 | | LG Hamm | 5:55 | |
| 2. | 295 | Neugebauer, Franziska | 2006 | | SC Eintracht Hamm | 6:00 | + 5 |
| 3. | 268 | Blaut, Annika | 2006 | | Tv Unna | 6:25 | + 30 |
| 3. | 166 | Brinkmann, Luise | 2006 | | LG Hamm | 6:25 | + 30 |
| 5. | 627 | Haverkamp, Stina | 2006 | | Tv Unna | 6:35 | + 40 |
| 6. | 255 | Kleinhans, Malin | 2006 | | SuS Oberaden | 6:43 | + 48 |
| 7. | 623 | Assmann, Greta | 2006 | | Hammer SportClub 08 | 6:46 | + 51 |

Schülerlauf WU12 1330m - Kreismeisterschaft Cross 2016 (1330m) - 13:00

| Kinder W11 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|---------------------|------|------|-------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 252 | Wolanin, Jagoda | 2005 | | SuS Oberaden | 5:51 | |
| 2. | 253 | Milz, Friederike | 2005 | | SuS Oberaden | 6:09 | + 18 |
| 3. | 258 | Steckel, Carina | 2005 | | TG Holzwickedde | 6:18 | + 27 |
| 4. | 254 | Kleinhans, Laetitia | 2005 | | SuS Oberaden | 6:19 | + 28 |
| 5. | 201 | Neuhaus, Jana | 2005 | | Rot Weiß Unna | 6:43 | + 52 |
| 6. | 221 | Mackowiak, Hannah | 2005 | | SC Eintracht Hamm | 6:47 | + 56 |
| 7. | 246 | Abrosimov, Alina | 2005 | | SC Eintracht Hamm | 7:01 | + 1:10 |

| Kinder W10 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|-----------------------|------|------|---------------------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 165 | Grychtol, Karla | 2006 | | LG Hamm | 5:55 | |
| 2. | 295 | Neugebauer, Franziska | 2006 | | SC Eintracht Hamm | 6:00 | + 5 |
| 3. | 268 | Blaut, Annika | 2006 | | Tv Unna | 6:25 | + 30 |
| 3. | 166 | Brinkmann, Luise | 2006 | | LG Hamm | 6:25 | + 30 |
| 5. | 627 | Haverkamp, Stina | 2006 | | Tv Unna | 6:35 | + 40 |
| 6. | 255 | Kleinhans, Malin | 2006 | | SuS Oberaden | 6:43 | + 48 |
| 7. | 623 | Assmann, Greta | 2006 | | Hammer SportClub 08 | 6:46 | + 51 |

Schülerlauf WU12 1330m (1330m) - 13:00

Schülerlauf MU14 1330m (1330m) - 13:20

| Jugend M13 | | | | | | | |
|------------|-------|--------------------|------|------|-------------------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 225 | Gottbehüt, Nicklas | 2003 | | SC Eintracht Hamm | 5:29 | |
| 2. | 167 | Bieker, Ole | 2003 | | LG Hamm | 5:35 | + 6 |
| 3. | 168 | Greive, Julian | 2003 | | LG Hamm | 5:52 | + 23 |

| Jugend M12 | | | | | | | |
|------------|-------|-------------------|------|------|-------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 223 | Heitböhmer, Fabio | 2004 | | SC Eintracht Hamm | 5:16 | |
| 2. | 224 | Willingmann, Fynn | 2004 | | SC Eintracht Hamm | 6:07 | + 51 |
| 3. | 202 | Struwe, Benjamin | 2004 | | Rot Weiß Unna | 6:16 | + 1:00 |
| 4. | 264 | Öztürk, Yasin | 2004 | | TuS Bönen 01 | 6:49 | + 1:33 |
| 5. | 622 | Weber, Colin | 2004 | | Team Hyrule | 7:21 | + 2:05 |

Schülerlauf MU14 1330m - Kreismeisterschaft Cross 2016 (1330m) - 13:20

| Jugend M13 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|--------------------|------|------|-------------------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 225 | Gottbehüt, Nicklas | 2003 | | SC Eintracht Hamm | 5:29 | |
| 2. | 167 | Bieker, Ole | 2003 | | LG Hamm | 5:35 | + 6 |
| 3. | 168 | Greive, Julian | 2003 | | LG Hamm | 5:52 | + 23 |

| Jugend M12 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|-------------------|------|------|-------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 223 | Heitböhmer, Fabio | 2004 | | SC Eintracht Hamm | 5:16 | |
| 2. | 224 | Willingmann, Fynn | 2004 | | SC Eintracht Hamm | 6:07 | + 51 |
| 3. | 202 | Struwe, Benjamin | 2004 | | Rot Weiß Unna | 6:16 | + 1:00 |
| 4. | 264 | Öztürk, Yasin | 2004 | | TuS Bönen 01 | 6:49 | + 1:33 |

Schülerlauf WU14 1330m (1330m) - 13:40

| Jugend W13 | | | | | | | |
|------------|-------|------------------------|------|------|-------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 625 | Niederstadt-Perez, Ana | 2003 | | TG Holzwickede | 5:29 | |
| 2. | 226 | Lempa, Leonie | 2003 | | SC Eintracht Hamm | 5:31 | + 2 |
| 3. | 198 | Bender, Stella | 2003 | | Rheda Wiedenbrück | 6:31 | + 1:02 |
| 4. | 265 | Öztürk, Aylin | 2003 | | TuS Bönen 01 | 7:34 | + 2:05 |
| 5. | 259 | Bonowski, Pia | 2003 | | TG Holzwickede | 8:47 | + 3:18 |

| Jugend W12 | | | | | | | |
|------------|-------|-----------------------|------|------|-------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 278 | Lefering, Ida | 2004 | | TV Werne 03 | 5:19 | |
| 2. | 227 | Wöhrmann, Emma | 2004 | | SC Eintracht Hamm | 5:31 | + 12 |
| 3. | 294 | Neugebauer, Charlotte | 2004 | | SC Eintracht Hamm | 5:56 | + 37 |
| 4. | 228 | Mackowiak, Julia | 2004 | | SC Eintracht Hamm | 7:07 | + 1:48 |
| 5. | 229 | Stork, Frederike | 2004 | | SC Eintracht Hamm | 7:10 | + 1:51 |

Schülerlauf WU14 1330m - Kreismeisterschaft Cross 2016 (1330m) - 13:40

| Jugend W13 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|------------------------|------|------|-------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 625 | Niederstadt-Perez, Ana | 2003 | | TG Holzwickede | 5:29 | |
| 2. | 226 | Lempa, Leonie | 2003 | | SC Eintracht Hamm | 5:31 | + 2 |
| 3. | 265 | Öztürk, Aylin | 2003 | | TuS Bönen 01 | 7:34 | + 2:05 |
| 4. | 259 | Bonowski, Pia | 2003 | | TG Holzwickede | 8:47 | + 3:18 |

| Jugend W12 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|-----------------------|------|------|-------------------|------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 278 | Lefering, Ida | 2004 | | TV Werne 03 | 5:19 | |
| 2. | 227 | Wöhrmann, Emma | 2004 | | SC Eintracht Hamm | 5:31 | + 12 |
| 3. | 294 | Neugebauer, Charlotte | 2004 | | SC Eintracht Hamm | 5:56 | + 37 |
| 4. | 228 | Mackowiak, Julia | 2004 | | SC Eintracht Hamm | 7:07 | + 1:48 |
| 5. | 229 | Stork, Frederike | 2004 | | SC Eintracht Hamm | 7:10 | + 1:51 |

Schülerlauf U16 2660m (2660m) - 14:00

| Jugend W15 | | | | | | | |
|------------|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|----------------------|------|--|---------|-------|--|
| 1. | 169 | Stupperich, Annalisa | 2001 | | LG Hamm | 11:29 | |
|----|-----|----------------------|------|--|---------|-------|--|

| Jugend M15 | | | | | | | |
|------------|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|---------------------|------|--|--------------------|-------|--------|
| 1. | 233 | Schultz, Paul | 2001 | | SC Eintracht Hamm | 9:20 | |
| 2. | 170 | Kreienfeld, Jona | 2001 | | LG Hamm | 9:28 | + 8 |
| 3. | 148 | Zuleger, Luca | 2001 | | DJK grün-weiß Werl | 10:09 | + 49 |
| 4. | 172 | Heinlein, Levin | 2001 | | LG Hamm | 10:15 | + 55 |
| 5. | 231 | Schultz, Maximilian | 2001 | | SC Eintracht Hamm | 10:45 | + 1:25 |
| 6. | 147 | Sip, Claudio | 2001 | | DJK grün-weiß Werl | 11:02 | + 1:42 |
| 7. | 149 | Grümme, Florian | 2001 | | DJK grün-weiß Werl | 11:55 | + 2:35 |

| Jugend W14 | | | | | | | |
|------------|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|-----------------|------|--|--------------------------|-------|------|
| 1. | 247 | Fischer, Sarina | 2002 | | SC Union 08 Lüdinghausen | 12:00 | |
| 2. | 232 | Oberg, Cora | 2002 | | SC Eintracht Hamm | 12:22 | + 22 |

| Jugend M14 | | | | | | | |
|------------|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|-----------------|------|--|---------|-------|--|
| 1. | 173 | Assmann, Magnus | 2002 | | LG Hamm | 10:21 | |
|----|-----|-----------------|------|--|---------|-------|--|

Schülerlauf U16 2660m - Kreismeisterschaft Cross 2016 (2660m) - 14:00

| Jugend W15 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|----------------------|------|--|---------|-------|--|
| 1. | 169 | Stupperich, Annalisa | 2001 | | LG Hamm | 11:29 | |
|----|-----|----------------------|------|--|---------|-------|--|

| Jugend M15 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|---------------------|------|--|--------------------|-------|--------|
| 1. | 233 | Schultz, Paul | 2001 | | SC Eintracht Hamm | 9:20 | |
| 2. | 170 | Kreienfeld, Jona | 2001 | | LG Hamm | 9:28 | + 8 |
| 3. | 148 | Zuleger, Luca | 2001 | | DJK grün-weiß Werl | 10:09 | + 49 |
| 4. | 172 | Heinlein, Levin | 2001 | | LG Hamm | 10:15 | + 55 |
| 5. | 231 | Schultz, Maximilian | 2001 | | SC Eintracht Hamm | 10:45 | + 1:25 |
| 6. | 147 | Sip, Claudio | 2001 | | DJK grün-weiß Werl | 11:02 | + 1:42 |
| 7. | 149 | Grümme, Florian | 2001 | | DJK grün-weiß Werl | 11:55 | + 2:35 |

Schülerlauf U16 2660m (2660m) - 14:00

| Jugend W14 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|-------------|------|--|-------------------|-------|--|
| 1. | 232 | Oberg, Cora | 2002 | | SC Eintracht Hamm | 12:22 | |
|----|-----|-------------|------|--|-------------------|-------|--|

| Jugend M14 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|-----------------|------|--|---------|-------|--|
| 1. | 173 | Assmann, Magnus | 2002 | | LG Hamm | 10:21 | |
|----|-----|-----------------|------|--|---------|-------|--|

Hauptlauf 5000m (5000m) - 14:30

| Männer M65 | | | | | | | |
|------------|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|----------------|------|--|--------------------|-------|--|
| 1. | 634 | Jürgens, Frank | 1951 | | Post SV Güthersloh | 23:57 | |
|----|-----|----------------|------|--|--------------------|-------|--|

| Männer M60 | | | | | | | |
|------------|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|-----------------------|------|--|---------------------------|-------|--------|
| 1. | 174 | Kruse, Heinz Dieter | 1955 | | LG Hamm Kamen Holzwickede | 22:15 | |
| 2. | 181 | Holthoff, Heinz-Willi | 1955 | | LG Hamm Kamen Holzwickede | 23:24 | + 1:09 |
| 3. | 635 | Fischer-Behnen, Achim | 1956 | | LG Hamm Kamen Holzwickede | 24:10 | + 1:55 |
| 4. | 180 | Steghaus, Albert | 1956 | | LG Hamm Kamen Holzwickede | 24:13 | + 1:58 |
| 5. | 636 | Otto, Manfred | 1953 | | LG Hamm Kamen Holzwickede | 25:28 | + 3:13 |

| Männer M55 | | | | | | | |
|------------|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|------------------|------|--|-------------|-------|--|
| 1. | 267 | Walther, Wilhelm | 1959 | | TuS Uentrop | 24:57 | |
|----|-----|------------------|------|--|-------------|-------|--|

| Frauen W50 | | | | | | | |
|------------|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|----------------|------|--|-----------------|-------|--|
| 1. | 145 | Kehne, Barbara | 1963 | | Bester Jahrgang | 32:09 | |
|----|-----|----------------|------|--|-----------------|-------|--|

| Männer M50 | | | | | | | |
|------------|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|----------------------|------|--|-----------------------------|-------|--------|
| 1. | 153 | Willingmann, Todt G. | 1965 | | Lauffreunde Bönen 1985 e.V. | 22:01 | |
| 2. | 155 | Quandt, Michael | 1966 | | Laufjunkies | 22:14 | + 13 |
| 3. | 176 | Kettermann, Michael | 1964 | | LG Hamm Kamen Holzwickede | 23:59 | + 1:58 |
| 4. | 197 | Krieger, Mike | 1962 | | MKE - Dortmund | 24:19 | + 2:18 |
| 5. | 146 | Wulle, Ralf | 1963 | | Bester Jahrgang | 25:11 | + 3:10 |
| 6. | 281 | Hinz, Andreas | 1963 | | Unter 25 Min. | 25:38 | + 3:37 |
| 7. | 244 | Gottbehüt, Uwe | 1964 | | SC Eintracht Hamm | 28:38 | + 6:37 |

| Männer M45 | | | | | | | |
|------------|-------|--------------|----|------|--------|------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |

| | | | | | | | |
|----|-----|-----------------|------|--|---------------------------|-------|--------|
| 1. | 175 | Marks, Matthias | 1968 | | LG Hamm Kamen Holzwickede | 19:58 | |
| 2. | 179 | Kiene, Andreas | 1969 | | LG Hamm Kamen Holzwickede | 21:06 | + 1:08 |
| 3. | 629 | Haverkamp, Kai | 1971 | | Lauf-Team-Unna | 21:45 | + 1:47 |
| 4. | 182 | Kruse, Stefan | 1968 | | LG Hamm Kamen Holzwickede | 23:21 | + 3:23 |
| 5. | 632 | Arendsee, Andre | 1971 | | SuS Oberaden | 27:02 | + 7:04 |

Hauptlauf 5000m (5000m) - 14:30

| Männer M40 | | | | | | | |
|------------|-------|-----------------|------|------|---------------------------|-------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 296 | Steckel, Eike | 1975 | | Sonntagsrunde Billmerich | 23:03 | |
| 2. | 631 | Petrat, Carsten | 1975 | | SuS Oberaden | 23:17 | + 14 |
| 3. | 183 | Rüther, Carsten | 1972 | | LG Hamm Kamen Holzwickede | 23:22 | + 19 |
| 4. | 261 | Weber, Heiko | 1975 | | TuS 45/53 Heessen | 23:58 | + 55 |

| Frauen W35 | | | | | | | |
|------------|-------|------------------|------|------|-----------------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 152 | Walter, Katrin | 1980 | | Lauffreunde Bönen 1985 e.V. | 21:22 | |
| 2. | 626 | Schaedel, Dagmar | 1977 | | LG Hamm Kamen Holzwickede | 22:46 | + 1:24 |
| 3. | 291 | Weimann, Bozena | 1979 | | o.V. | 28:53 | + 7:31 |

| Männer M30 | | | | | | | |
|------------|-------|--------------------|------|------|--------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 298 | Winters, Arne | 1986 | | ohne Verein | 22:53 | |
| 2. | 151 | Wiegand, Sebastian | 1985 | | DJK grün-weiß Werl | 22:56 | + 3 |
| 3. | 292 | Lukaschek, Peter | 1984 | | o.V. | 24:48 | + 1:55 |

| Männer | | | | | | | |
|--------|-------|---------------|------|------|---------------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 633 | Soufi, Rachid | 1989 | | Bayern 04 Leverkusen | 19:43 | |
| 2. | 177 | Klein, Tobias | 1988 | | LG Hamm Kamen Holzwickede | 20:09 | + 26 |
| 3. | 630 | Rothas, Simon | 1990 | | o.V. | 27:02 | + 7:19 |

| Juniorinnen U23 | | | | | | | |
|-----------------|-------|-----------------------|------|------|-------------------|-------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 239 | Kufazvinei, Matifadza | 1996 | | SC Eintracht Hamm | 23:22 | |

| Junioren U23 | | | | | | | |
|--------------|-------|---------------|------|------|---------------------------|-------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 637 | Orban, Mikael | 1996 | | LG Hamm Kamen Holzwickede | 18:41 | |

| Weibliche Jugend U20 | | | | | | | |
|----------------------|-------|----------------|------|------|--------------------|-------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 150 | Brinkmann, Pia | 1998 | | DJK grün-weiß Werl | 23:38 | |

Hauptlauf 5000m (5000m) - 14:30

| Männliche Jugend U20 | | | | | | | |
|----------------------|-------|---------------------|------|------|---------------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 235 | Lukas, Justin | 1997 | | SC Eintracht Hamm | 18:03 | |
| 2. | 192 | Denis, Fabio | 1998 | | LG Hamm Kamen Holzwickede | 19:43 | + 1:40 |
| 3. | 236 | Langerbein, Lennard | 1998 | | SC Eintracht Hamm | 21:10 | + 3:07 |
| 4. | 266 | Weitz, Jonas | 1998 | | TuS Bönen 01 | 21:32 | + 3:29 |

| Weibliche Jugend U18 | | | | | | | |
|----------------------|-------|------------------|------|------|---------------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 189 | Kiene, Lara | 1999 | | LG Hamm Kamen Holzwickede | 21:16 | |
| 2. | 190 | Hinz, Emily | 2000 | | LG Hamm Kamen Holzwickede | 23:55 | + 2:39 |
| 3. | 242 | Tscharnik, Julia | 1999 | | SC Eintracht Hamm | 27:23 | + 6:07 |

| Männliche Jugend U18 | | | | | | | |
|----------------------|-------|-------------------|------|------|---------------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 186 | Feist, Maximilian | 1999 | | LG Hamm Kamen Holzwickede | 18:18 | |
| 2. | 237 | Langerbein, Lars | 2000 | | SC Eintracht Hamm | 20:03 | + 1:45 |
| 3. | 238 | Kayser, Robin | 2000 | | SC Eintracht Hamm | 20:16 | + 1:58 |
| 4. | 154 | Quandt, Sam Noél | 1999 | | Laufjunkies | 24:06 | + 5:48 |

Hauptlauf 5000m - Kreismeisterschaft Cross 2016 (5000m) - 14:30

| Männer M60 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|-----------------------|------|------|---------------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 174 | Kruse, Heinz Dieter | 1955 | | LG Hamm Kamen Holzwickede | 22:15 | |
| 2. | 181 | Holthoff, Heinz-Willi | 1955 | | LG Hamm Kamen Holzwickede | 23:24 | + 1:09 |
| 3. | 635 | Fischer-Behnen, Achim | 1956 | | LG Hamm Kamen Holzwickede | 24:10 | + 1:55 |
| 4. | 180 | Steghaus, Albert | 1956 | | LG Hamm Kamen Holzwickede | 24:13 | + 1:58 |
| 5. | 636 | Otto, Manfred | 1953 | | LG Hamm Kamen Holzwickede | 25:28 | + 3:13 |

| Männer M55 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|------------------|------|------|-------------|-------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 267 | Walther, Wilhelm | 1959 | | TuS Uentrop | 24:57 | |

| Männer M50 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|----------------------|------|------|-----------------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 153 | Willingmann, Todt G. | 1965 | | Lauffreunde Bönen 1985 e.V. | 22:01 | |
| 2. | 176 | Kettermann, Michael | 1964 | | LG Hamm Kamen Holzwickede | 23:59 | + 1:58 |
| 3. | 244 | Gottbehüt, Uwe | 1964 | | SC Eintracht Hamm | 28:38 | + 6:37 |

Hauptlauf 5000m (5000m) - 14:30

| Männer M45 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|-----------------|------|------|---------------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 175 | Marks, Matthias | 1968 | | LG Hamm Kamen Holzwickede | 19:58 | |
| 2. | 179 | Kiene, Andreas | 1969 | | LG Hamm Kamen Holzwickede | 21:06 | + 1:08 |
| 3. | 629 | Haverkamp, Kai | 1971 | | Lauf-Team-Unna | 21:45 | + 1:47 |
| 4. | 182 | Kruse, Stefan | 1968 | | LG Hamm Kamen Holzwickede | 23:21 | + 3:23 |
| 5. | 632 | Arendsee, Andre | 1971 | | SuS Oberaden | 27:02 | + 7:04 |

| Männer M40 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|-----------------|------|------|---------------------------|-------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 631 | Petrat, Carsten | 1975 | | SuS Oberaden | 23:17 | |
| 2. | 183 | Rüther, Carsten | 1972 | | LG Hamm Kamen Holzwickede | 23:22 | + 5 |

| Frauen W35 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|------------------|------|------|-----------------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 152 | Walter, Katrin | 1980 | | Lauffreunde Bönen 1985 e.V. | 21:22 | |
| 2. | 626 | Schaedel, Dagmar | 1977 | | LG Hamm Kamen Holzwickede | 22:46 | + 1:24 |

| Männer M30 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|--------------------|------|------|--------------------|-------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 151 | Wiegand, Sebastian | 1985 | | DJK grün-weiß Werl | 22:56 | |

| Männer Kreismeisterschaft Cross 2016 | | | | | | | |
|--------------------------------------|-------|---------------|------|------|---------------------------|-------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 177 | Klein, Tobias | 1988 | | LG Hamm Kamen Holzwickede | 20:09 | |

| Juniorinnen U23 Kreismeisterschaft Cross 2016 | | | | | | | |
|---|-------|-----------------------|------|------|-------------------|-------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 239 | Kufazvinej, Matifadza | 1996 | | SC Eintracht Hamm | 23:22 | |

| Junioren U23 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|---------------|------|------|---------------------------|-------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 637 | Orban, Mikael | 1996 | | LG Hamm Kamen Holzwickede | 18:41 | |

| Weibliche Jugend U20 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|----------------|------|------|--------------------|-------|------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 150 | Brinkmann, Pia | 1998 | | DJK grün-weiß Werl | 23:38 | |

Hauptlauf 5000m (5000m) - 14:30

| Männliche Jugend U20 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|---------------------|------|------|---------------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 235 | Lukas, Justin | 1997 | | SC Eintracht Hamm | 18:03 | |
| 2. | 192 | Denis, Fabio | 1998 | | LG Hamm Kamen Holzwickede | 19:43 | + 1:40 |
| 3. | 236 | Langerbein, Lennard | 1998 | | SC Eintracht Hamm | 21:10 | + 3:07 |
| 4. | 266 | Weitz, Jonas | 1998 | | TuS Bönen 01 | 21:32 | + 3:29 |

| Weibliche Jugend U18 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|------------------|------|------|---------------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 189 | Kiene, Lara | 1999 | | LG Hamm Kamen Holzwickede | 21:16 | |
| 2. | 190 | Hinz, Emily | 2000 | | LG Hamm Kamen Holzwickede | 23:55 | + 2:39 |
| 3. | 242 | Tscharnik, Julia | 1999 | | SC Eintracht Hamm | 27:23 | + 6:07 |

| Männliche Jugend U18 Kreismeisterschaft Cross 2016 | | | | | | | |
|--|-------|-------------------|------|------|---------------------------|-------|--------|
| Rg. | StNr. | NAME Vorname | Jg | Nat. | Verein | Zeit | Diff |
| 1. | 186 | Feist, Maximilian | 1999 | | LG Hamm Kamen Holzwickede | 18:18 | |
| 2. | 237 | Langerbein, Lars | 2000 | | SC Eintracht Hamm | 20:03 | + 1:45 |
| 3. | 238 | Kayser, Robin | 2000 | | SC Eintracht Hamm | 20:16 | + 1:58 |